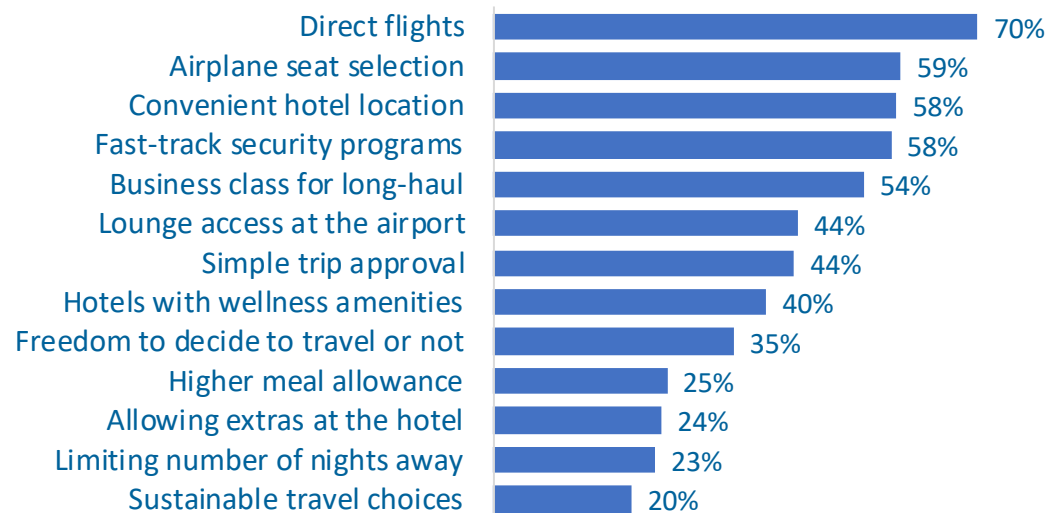


Traveler wellbeing support

Employers play a big role in supporting wellbeing of traveling employees via travel policies and dedicated wellbeing measures.

Travel policy for traveler wellbeing



Wellbeing support for travelers



In the Traveler Wellbeing Survey, we looked at various wellbeing support measures by employers that travelers would benefit from. Among the top travel policy options contributing to wellbeing, travelers mention direct flights, airplane seat selection, convenient hotel location and fast-track security programs, as stated by two thirds of the sample.

Dedicated wellbeing support valued by traveling employees include recommendations of healthy food options as indicated by half of the respondents; nutrition, sleep and recovery advice (43%), as well as gym membership when traveling (35%). All of these measures contribute to physical wellbeing. Mental health support is less popular among business travelers: 10-20% expressed interest in these measures.