

Managing Travel Risk: Keeping Travelers Safe TAKING A FLIGHT

Even if you travel regularly, it's always prudent to revisit key safety practices. In this note, we've highlighted precautions you can take to stay safe by minimizing potential risks when taking a flight.



2025 BCD Travel N.V. | July 2025

Before heading to the airport

Pack an adequate supply of any medication in your hand luggage, ensuring you have more than enough for the duration of your trip, in case there's any delays or disruption. If traveling abroad, make sure medications remain in their original packaging and are accompanied by prescriptions or medical letters.

Check your destination's import restrictions on medicines and food.

Spread out credit cards and cash in case of theft.

Carry printed copies of critical phone numbers: your country's consulate/embassy, family members and your employer's emergency contact.

Prepare your mobile devices for potential inspection. Review what may be visible during a basic inspection and consider offloading content. Consider traveling with a clean device, i.e., a phone with only basic applications.

At the airport

Carry sufficient food/water on board if there is no inflight service.

Don't reveal your hotel details to strangers.

Carry valuables, travel documents and medication securely with you and never in your checked baggage.

Be careful when using public Wi-Fi and don't access sensitive information.

Never leave your luggage unattended or with a stranger or carry anything for someone else.

On the flight

Take your valuables and passport with you if leaving your seat.

Keep hydrated and don't drink too much alcohol.

Stay healthy by exercising while seated and wearing compression socks on longer flights.

Avoid connecting to a USB port to charge your mobile devices, as this may allow data to be accessed.

Avoid viewing sensitive information on any mobile device.

On arrival

Before you exit the plane, power off your phone and other devices to limit access to them and help protect your digital privacy. Stow them away unless asked by border officials to present them.

Have documents and any completed government declaration forms ready to hand over to officials. Be ready also to show your flight ticket/boarding pass if asked.

Respond to the officer's questions with concise, honest answers. If you don't understand something, politely ask them to repeat it.

Remember to retrieve all checked luggage.

Plan how to exit the airport in advance, to avoid standing out as a tourist on arrival.

Carry some cash to exchange into local currency on arrival, in case airport ATMs are not working or debit cards are not accepted.