

Managing Travel Risk: Keeping Travelers Safe **AT THE DESTINATION**

Even if you travel regularly, it's always prudent to revisit key safety practices. In this note, we've highlighted precautions you can take to stay safe by minimizing potential risks when staying at an unfamiliar destination.



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Before your trip

Ensure you have all the necessary documentation for entry, including passport, visas, proof of health insurance and vaccination certificates.

Take both digital and hard copies of your passport and visas, leaving one paper copy at home.

Ensure you are adequately covered for medical, security and trip disruption assistance and know whom to contact in an emergency, storing numbers in your mobile phone as well as a print form.

Pack any medication and clothing beyond the duration of your stay in case of disruption.

Plan to travel in casual attire; refrain from wearing expensive jewelry and watches or carrying expensive luggage.

Research the destination for potential risks to your health and safety and any local customs you should observe.

Prepare for the weather conditions at the destination.

Make sure you have the right electrical adapter for your destination.

Pack a power bank and flashlight in case of power outages.

In the vicinity of the hotel

Familiarize yourself with the surroundings, location and accessibility.

Remember, safety levels could be very different after dark.

When eating out

Only eat food that is properly prepared and served hot, and avoid street food.

Never leave food or drink unattended.

Drink only from sealed cans or bottles.

Take extra care when drinking water, sticking to bottled water where possible, and only consume ice made from bottled or purified water.

Only consume dairy products that have been pasteurized.

When out and about

Be aware of your surroundings and avoid large crowds, such as protests.

Dress appropriately, and do not wear expensive clothing and accessories, as these could attract undue attention.

Avoid spending time consulting a map or your phone, as this may make you a target of petty crime.

Always carry ID and know how to contact the police and other emergency services.

Consider carrying a fake wallet as a decoy for thieves.

Use ATMs inside banks or hotels, avoiding those with street access.

Take extra care when visiting government buildings, as these could be terrorism targets. Religious and other institutions may also be targets.

Be alert when crossing the street, especially in countries where people drive on the opposite side to what you're accustomed to.