

## MANAGING TRAVEL RISK: KEEPING TRAVELERS SAFE

# TAKING A FLIGHT

When it comes to your personal safety, the pandemic is likely to be at the forefront of your thinking as you return to regular business travel. But you'll also need to be mindful of the other risks you faced before the pandemic. As it may have been some time since you last traveled regularly, now might be the right time for a reminder of some of the things you can do to keep yourself safe.

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### Before heading to the airport

Ensure you're in **good health**, to **reduce the risk** of being quarantined or denied boarding.

Pack an **adequate** supply of any **medication** in your hand luggage, ensuring these remain in their original packaging and are accompanied by prescriptions or medical letters if traveling abroad.

**Check import restrictions** for medicines and food at your destination.

Consider **direct flights** over connections.

### At the airport

**Follow any local rules** on queuing, maintaining a social distance and wearing face masks.

**Listen carefully** for airline announcements - as boarding processes may have changed - and know your seat number and zone.

Don't reveal your hotel details to **strangers**.

Carry **food/water** on board if there is no inflight service.

### On the flight

**Take** your **valuables** and passport with you if leaving your seat.

Keep **hydrated** and don't drink too much alcohol.

Stay healthy by **exercising while seated** and wearing compression socks on longer flights.

Bring your **own food and water** on board on flights where catering options may be uncertain.

### On arrival

**Plan** how to **exit** the airport in advance, to avoid standing out as a tourist on arrival.

Remember to **retrieve** all checked **luggage**.

Make **credit card or contactless** payment when possible.

**Bring** your **own** headsets, reading materials, drink bottles, pillows.

**Leave home early**, as airport passenger processing times may be longer than usual.

Check in **online** and use **self-service kiosks** to minimize contact with airline staff.

**Carry masks and wipes for cleaning frequently-touched surfaces on board the flight.**

**Carry** valuables, travel documents and medication securely with you and **never** in your checked baggage.

Spread out credit **cards and cash** in case of theft.

Be careful when using **public Wi-Fi** and don't access sensitive information.

**Never leave your luggage unattended or with a stranger or carry anything for someone else.**

Pay for catering using contactless or **cashless payment** (if available).

**Avoid connecting** to a **USB** port to charge mobile devices, as this may allow data to be accessed.

**Choose** your **seats** carefully. A window seat reduces contact with passing crew and passengers.

Avoid viewing **sensitive information** on any mobile devices.

**Carry some cash** to exchange into local currency on arrival, in case airport ATMs are not working or debit cards are not accepted.

Have any completed health and other government **declaration forms** ready to hand over to officials.

